NORWICH SCHOOL

***We are receiving feedback from teachers and schools who are keen to participate but who find a day out of school difficult to manage and have therefore reformatted this Literacy Day as a Twilight Training Opportunity. Feedback on the new format would be greatly appreciated.***

## Thursday 14 November 2019 2.30-5.00 Norwich School

## *Twilight CPD*

## *The Science of Reading for Pleasure:* ***helping teachers, librarians and parents to understand how to engage, support and extend reading amongst teenagers.***

## Programme

2.00-2.30 Registration and coffee. Browse book collection

2.30 Welcome. Norwich School English HoD . **John Douglas-Field**

2.45-4.15 **Author Nicola Morgan** *The science of reading for pleasure, how it affects us and how to boost take-up and enjoyment of reading in families and schools.*

4.15 **Tea/Coffee break and Book Signing**

4.30 **Twilight session options and timings**

4.35 – 5.00 **Opportunities to purchase books**

**Nicola Morgan** is an internationally acclaimed author and authority on teenage wellbeing, how stress impacts performance, effects of screens, social media and reading for pleasure. Her best-selling examination of the teenage brain, *Blame My Brain*, was shortlisted for the Aventis Prize; the prize-winning *Teenage Guide to Stress*, along with *The Teenage Guide to Friends, Positively Teenage, Life Online* and her popular teaching materials underline Nicola's range of expertise. In 2018, she was awarded the SLA's prestigious award for Outstanding Contribution to Information Books. Her latest book, *Body Brilliant*, tackles negative body image. As part of her long-term work on the value of reading for pleasure, she created the idea of "readaxation" and is passionate and very knowledgeable about the benefits of reading for all.

Copies of Nicola's books will be available for purchase from the Norfolk Children's Book Centre.